

Welcome to CCSC!

We are located at the John M. Cleveland Ice Rink on the campus of Upland Country Day School in Kennett Square, PA. The Chester County Skating Club is a non-profit, membership based organization incorporated in 1964. We operate seasonally from October to March, providing youth and adult hockey programs, learn-to-skate programs, professional figure skating instruction as well as family skate and open hockey ice time.



Visit our website at
www.ccscougars.com
for more information!

Chester County Skating Club

P.O. Box 216
Kennett Square, PA 19348
Phone: 610-444-5119
Hilary Eberle
Learn to Skate Instructor
Phone: 610-268-5616
E-mail: hilaryeberle@verizon.net

Chester County Skating Club

2009-2010 Learn to Skate Program



Learn to Skate at CCSC

CCSC has added a new program membership for first year, Learn to Skate only members. This program is designed for first year members of the club who have a child that is participating only in the Learn to Skate program.

The Learn to Skate program membership runs for the entire skating season at CCSC and includes:

- 16 weekly, 45-minute lessons with experienced professionals (additional lessons are also added before the annual ice revue)
- Participation in the annual ice revue in March
- Four vouchers for "Family Skate" where the entire family can enjoy skating together at CCSC!

The Learn to Skate program membership is \$400 for the entire season.

Questions? Want to register?

Please contact Hilary Eberle at (610) 268-5616 or hilaryeberle@verizon.net.

What to expect:

- CCSC is a family-oriented club, and our Learn to Skate program is unique as our skaters receive more focused attention from more experienced instructors than what is typical for Learn to Skate programs at other area ice rinks.
- Learn to Skate at CCSC is held weekly on Sundays from 4:00–4:45pm (during Family Skate)
- The cost is \$100 for the season for full members or \$400 for the Learn to Skate only (limited) members (*Checks should be made payable to CCSC.*)
- Your child will be learning basic skating skills in a group setting with games and activities to keep everyone active and involved. This program is suitable for beginning skaters interested in either hockey or figure skating!

Learning to skate is actually quite easy and fun. It does, however, require a little determination and a lot of practice. Please be aware that all children are at different levels in the beginning of the program and will develop at different paces as skaters. They will become more comfortable on the ice and enjoy skating more each week, so please encourage them to stick with it—even if they are spending more time on their bottom than they would like! Before you know it, your child will be gliding around—forwards and backwards—and able to show off to you their new skating skills!

Skater / Parent Responsibilities:

Dress Appropriately!

Dress for warmth for each lesson by layering your clothing. A warm coat or jacket is recommended. Comfort and ability to move freely are also very important. We suggest close-fitting but not tight pants. Sweatpants or warm-up pants are ideal. Your feet will feel best if you wear one pair of lightweight socks or tights. Bulky or thick socks may limit the support provided by your skates and create "bumps" inside your boots, making them uncomfortable. Make sure when fitting your skates that your toes can wiggle but your heel does not slide up and down or around once your foot is properly laced in the skate. Helmets are required for Learn to Skate program participants. Don't forget gloves or mittens! Learning to fall is an important part of ice skating, and is much easier to endure if you're wearing gloves or mittens!

Practice Practice Practice!

Practice is the key to mastering basic skills in skating. Encourage your child to practice what they've learned either before or after their lesson during Family Skate.

Be an Early Bird!

Get your child to the rink 15-20 minutes before lesson time. This will allow them adequate time to get ready and ensure they're ready to skate when class begins!